

**SCIENTIFIC PROGRAM**



**VIRTUAL  
PHYSIOTHERAPY  
CONFERENCE 2020**

**LIVE CONFERENCE ON ZOOM**



**Online Conference on**

**Physiotherapy, Physical  
Rehabilitation and Sports Medicine**

**October 28-29, 2020 (IST)**

***<https://physiotherapy-sportsmed.inovineconferences.com/>***

# VIRTUAL PHYSIOTHERAPY CONFERENCE 2020



Live Conference On Zoom

## Conference Sessions & Tracks

- Physical Therapy Science
- Sports & Physiotherapy
- Manual & Manipulative Therapy
- Artificial Physiotherapy Methods
- Womens Health & Palliative Care
- Neurological Rehabilitation
- Physiotherapy methods and Instrumentation
- Experimental techniques in Physiotherapies
- Yoga in physical therapy
- Physiotherapy in Treatment & Care
- Advancement in Physiotherapy
- Rehabilitation Methods
- Acupuncture
- Physiotherapy & yoga
- Physical Activity
- Physical Medicine & Rehabilitation
- Science and Medicine in Sport
- Doping and Anti-Doping Studies
- Physical Education and sports for All
- Kinesiology and Biomechanics
- Physiotherapy in Sports Related Injuries
- Vitamins & Dietary Supplements



## Speakers From:



# DAY 1 OCTOBER 28, 2020

13:45-14:00 (IST)– Introduction & Opening Ceremony

Scientific Program

## KEYNOTE 01

14:00-14:40	<b>Title: A hypothetical biomechanical model to explain the degenerative sequence of a lumbar motion segment</b>
	<i>Sarah Key, Sarah Key Global Pty Ltd, Australia</i>

## WORKSHOP 01

*Plenary session Forum*

14:40-15:50	<b>Title: Shoulder Muscle Imbalances: Assessment and Treatment using Trigenics® myoneural summative protocols</b>
	<i>Linley Leuthard, Hands On Group Ltd, New Zealand</i> <i>Allan Gary Austin Oolo, Trigenics Institute of Functional Neurology and Myoneural Medicine Ontario, Canada</i>
15:50-16:10	<b>Title: The Effect of Vision Therapy based exercises on eye teaming , tracking and visuo- attention skills in a 5 year old ASD boy – A Case Study Report</b>
	<i>Heena Sahi ( MPT Peads), Autism Intervention Therapist, Verbocity, India</i>

*16:10 -06:20 Eye Relaxation Break*

## KEYNOTE 02

16:20-16:50	<b>Title: Are Joint changes in Osteoarthritic Knees really irreversible?</b>
	<i>Diana Pinto, Nutrion and Pain Management Center, India</i>

*Plenary session Forum*

16:50-17:10	<b>Title: PreHab in revision Anterior Cruciate Ligament (ACL) reconstruction surgery- Need of the hour</b>
	<i>Anood Faqih, Physio Studio, Footbalance, India</i>
17:10-17:30	<b>Title: Benefits of Dance Therapy for Physical and Mental Health</b>
	<i>Zalak Vasavada, Be-fit Health studio, India</i>
17:30-17:50	<b>Title: Pain and Metaphors</b>
	<i>Rinkle Malani, MGM School of Physiotherapy, India</i>
17:50-18:10	<b>Title: Retrowalking, A new approach toward rehab training for OA knee: A review article</b>
	<i>Deepti N. Wadhwa, MVP'S College Of Physiotherapy, India</i>
18:10-18:30	<b>Title: Otago Exercise Programme in Elderly for Strength, Balance and Mobility</b>
	<i>Manisha A. Rath, Dr. D. Y. Patil College of Physiotherapy, India</i>

*18:30-18:40 Eye Relaxation Break*

## KEYNOTE 03

18:40-19:10	<b>Title: Self-mastery to survive the next era</b>
	<i>Julie Rammal, Founder of Jsport, Geroge Washington University, USA</i>

## KEYNOTE 04

19:10-19:40	<b>Title: Facts and myths pertaining to Fibromyalgia</b>
	<i>Mais Ali Jawhari, Sheikh Shakhbout Medical City, UAE</i>

## WORKSHOP 02

19:40-20:00	<b>Title: Role of Physiotherapist in the management of Osteoarthritis</b> <i>Deborah Mazzarotto, AIFI, Italy</i>
20:00-20:20	<b>Title: The Samson Strong MPRS   The Multifunctional Pneumatic Rehabilitation System</b> <i>Sergey Krasnov, Samson Strong MPRS, Inc, USA</i>
20:20-20:40	<b>Title: Proprioceptive Neuromuscular Facilitation (PNF) in Sport Medicine</b> <i>Sergio Bornengo, Argentine Proprioceptive Neuromuscular Facilitation Association, Argentina</i>
20:40-21:00	<b>Title: Shockwave Therapy: Radial vs. Focused</b> <i>Soheil Mansour Sohani, Iran University of Medical Sciences, Iran</i>
21:00-21:20	<b>Title: Preventive Rehabilitation: What It Such?</b> <i>Apanasenko Gennadiy L, Shupyk National Medical Academy of Postgraduate Education, Ukraine</i>
21:20-21:40	<b>Title: Communication skill in health care professionals</b> <i>Tajuddin Chitapure, MGM School of Physiotherapy, India</i>

## DAY 2 OCTOBER 29, 2020

### Pleanery session Forum

14:00-14:20	<b>Title: Effect of neural mobilization and splinting on carpal tunnel syndrome</b> <i>Vinita Manchanda, Sir Ganga Ram Hospital, India</i>
14:20-14:40	<b>Title: The reliability and criterion validity of the Goniometer Pro app in comparison to the Standard Goniometer when measuring knee flexion angles</b> <i>Nombeko Mshunqane, University of Pretoria, South Africa</i>
14:40-15:00	<b>Title: Depression – know the types, symtoms, risk factors and treatment</b> <i>Harmanpreet kaur, Healing hands physiotherapy clinic and rehab center, Punjab, India</i>
15:00-15:20	<b>Title : Piltaes exercise benefits for corporate employees and its impact on economy</b> <i>Aiman Niaz, Riphah International University, Pakistan</i>
15:20-15:40	<b>Title : Playometrics, A performance catalyst</b> <i>Himanshu Tiwari, Sports Physiotherapist, Founder- 69 Fitness Street, India</i>

15:40-15:50 Eye Relaxation Break

## WORKSHOP

15:50-16:20	<b>Title:Deep skills: Neuroenhancement and Synaptic Plasticity: The neuroscience of movement to counteract the effects of Covid 19</b> <i>Dario Furnari, University of Exeter, UK</i>
16:20-16:40	<b>Title: Evaluation of the level of staff engagement of Allied health care professionals (AHPs) in the National Health Service trust England- A secondary survey 2018 staff survey results</b> <i>Urvisha Lunagariya, Ann Physiocare Limited, UK</i>

# Scientific Program

16:40-17:00	<p><b>Title: Prevention and Movements Analysis of Anterior Cruciate Ligament Partial Rupture by Using Fifa 11+ For Amateur Adult Male Soccer Player</b></p> <p><i>Theeb Naif S Alsalem ,King Abdulaziz Medical City, KSA</i></p>
17:00-17:20	<p><b>Title: Groin and Hip Quandaries</b></p> <p><i>Helen Millson, Sports Physiotherapist Specialist , South Africa</i></p>
17:20-17:40	<p><b>Title: Burden of Spinal Disability in Nepal</b></p> <p><i>Khadga Singh Gurung , Green Pasture Hospital, Nepal</i></p>
17:40-18:00	<p><b>Title: An introduction to Quantitative Assessment of Stiffness and Shock Absorption (Viscoelastic Characteristics) of the Musculoskeletal System using Mass-Spring-Damper Models in the Field of Physiotherapy</b></p> <p><i>Sahar Boozari, Tarbiat Modares University, Iran</i></p>
18:00-18:20	<p><b>Title: Effects of physical warm-up on postural control in healthy, physically inactive older adults</b></p> <p><i>Jose Carlos Bomfim Lima, Nove de Julho University, Brazil</i></p>
18:20-18:40	<p><b>Title: Effects of cognitive exercise on postural control in healthy, physically inactive older women</b></p> <p><i>Rafael Ambrosio Battazza, Nove de Julho University, Brazil</i></p>
18:40-19:00	<p><b>Title: Comparison effects of warm and cold temperament on the level of muscle damage and anaerobic threshold after aerobic exhaustion activity in non-athlete's</b></p> <p><i>Saeed vahedi , Ferdowsi University of Mashhad, Iran</i></p>
19:00-19:20	<p><b>Title: Comparison of 6-month endurance and resistance exercise on the balance of TH1, TH2, cortisol and leptin in young people</b></p> <p><i>Mahdi Ghasemi Artiyar, Hakim Nezami Institute of Higher Educationg-huchan, Iran</i></p>

**Speaker Slots Available !**

